# Cost-effectiveness of flexible bronchoscopes

Summary of "A systematic review and cost-effectiveness analysis of reusable vs. single-use flexible bronchoscopes"

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Declaration of interests

IA and KE have received honoraria for consulting for Ambu. This study was unfunded and independent of any honoraria.



### Why was this analysis conducted?

Routine bronchoscopies are generally regarded as safe procedures. They help patients and even save lives. However, questions have been raised about the risk of cross-infection associated with reusable flexible bronchoscopes and how this could affect costs.

At the same time, though, the current literature around possible cross-infection and cost-effectiveness do leave some open questions. First, reports of cross-contamination of reusable scopes have not provided a quantifiable risk for cross-contamination and subsequent infection. Second, micro-costing studies on reusable flexible bronchoscopes have lacked important cost-drivers, including the cost of infection.

### New study fills a gap in current literature

A new study conducted at Guy's and St Thomas' NHS Foundation Trust Department of Anaesthesia¹ offers some clarity. The study is the first to combine a systematic literature review with a micro-costing analysis in order to calculate the risks and costs linked to bronchoscope vectored cross-infection. The table below shows the results.

### RESULTS

The results of the study found that when direct costs of use alone are considered, the cost per procedure with a reusable flexible bronchoscope is £249, compared to £220 with an Ambu® aScope<sup>™</sup> 4 Broncho single-use bronchoscope. However, when the costs of treatment of infection (£262) are included, the total cost per patient use with a reusable flexible bronchoscope rises to £511. Thus, the aScope 4 broncho generates a cost saving of £291 per procedure.



¹The cost per use of a single-use flexible aScope™ 4 Broncho device used in the study were provided by Ambu®.

### Methodology

### A systematic review of the relevant literature

16 studies for quantitative analysis of the crosscontamination and infection risk narrowed down from an original 878 publications.

Studies were identified based on these search keywords: 'bronchoscopy', 'bronchoscope', 'infection', 'cross-infection', 'pseudo-outbreak', 'outbreak', 'device contamination', and 'hospital infection' including word variations and assorted permutations.

This is the first study to identify risk of patient contamination and infection from the literature. It has a high level of accuracy because patient contamination and infection were linked to bronchoscopes. The data was sourced from international, multi-centre settings with more than 2,300 patients undergoing approximately 3,100 various procedures.



### 2 A comparative micro-costing analysis

The analysis was conducted at Guy's and St Thomas' NHS Foundation Trust Department of Anaesthesia.

An analysis of reusable flexible bronchoscopes in the perioperative setting of a high-throughput tertiary centre was conducted to quantify the economics of using reusable flexible bronchoscopes.



## 3 A cost-effectiveness analysis

The data obtained from the systematic literature review was combined with the micro-costing analysis to calculate the clinical cost-effectiveness gained from reducing the incidence of cross-contamination or infection.

Single-use flexible bronchoscopes are delivered sterile and thus minimise the risk of infection transmission and cross-contamination as compared to reusable flexible bronchoscopes. The cost-effectiveness analysis challenged this hypothesis.

### COST-EFFECTIVENESS ANALYSIS OF FLEXIBLE BRONCHOSCOPES

### Conclusion

This systematic review and cost-effectiveness analysis found that single-use flexible bronchoscopes are more cost-effective and associated with a lower risk of infection compared to reusable flexible bronchoscopes. Sensitivity analyses support these findings.

The direct cost of use of a reusable flexible bronchoscope was calculated to be £249. However, when the cost of treating infections was included, the cost per procedure was £511. In comparison, the cost per use of a single-use Ambu® aScope $^{\text{M}}$  4 Broncho bronchoscope was calculated to be £220. All in all, this means that there is a total cost savings of £291 per procedure to be gained by using the Ambu® aScope $^{\text{M}}$  4 Broncho single-use solution.

In summary, the findings from this study suggest that single-use flexible bronchoscopes offer benefits in terms of cost-effectiveness, cross-contamination and resource utilisation.

### Link to the article

https://onlinelibrary.wiley.com/doi/full/10.1111/anae.14891

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